Track: 2020-06-01 Monte Velino da Cartore — **Date: 01/06/2020**

Track: 2020-06-01 Monte Velino da Cartore	**IBP = 207 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	21.48 Km
Analyzed distance	21.48 Km
Lineal distance	0.01 Km

Accumulated climb	2131 m
Accumulated descent	2143.5 m
Maximum height	2491.4 m
Minimal height	943.2 m
Climb rate	19.48 %
Descent rate	21.45 %
Positive climb difference per km	99.21 m
Negative descent difference per km	99.79 m

Total time	7:48:32 h
Time in movement	7:10:38 h
Stopped time	0:37:54 h

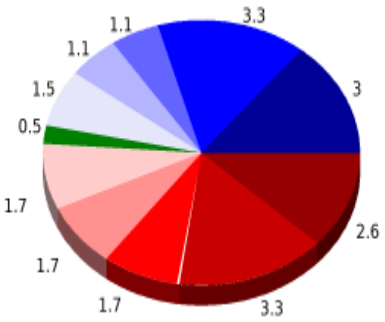
Total speed average	2.75 Km/h
Average speed in movement	2.99 Km/h
Maximum held speed	6.73 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1607 (cad. 13.36 m)
Significant points	588 (cad. 36.59 m / 36.59 %)
Aberrant points	180 (11.2 % d. total)

Direction changes per km	14.15
Direction changes >5° per km	11.55
Accumulated straight stretches	2.992 Km
Straight stretches per km	139.29 m
Penalizables slope changes	15
Penalizables slope changes per km	0.698

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Summary of slopes

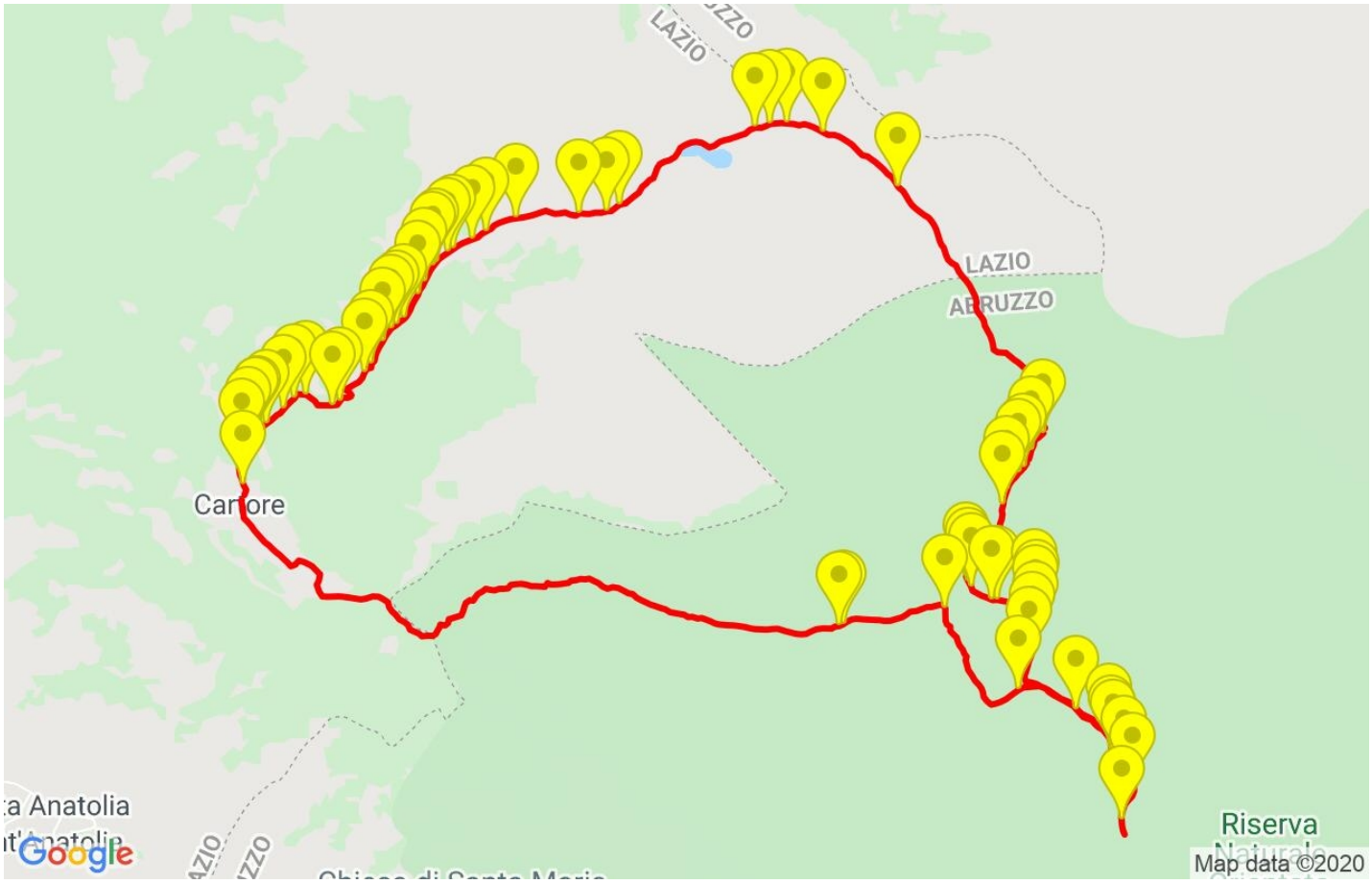


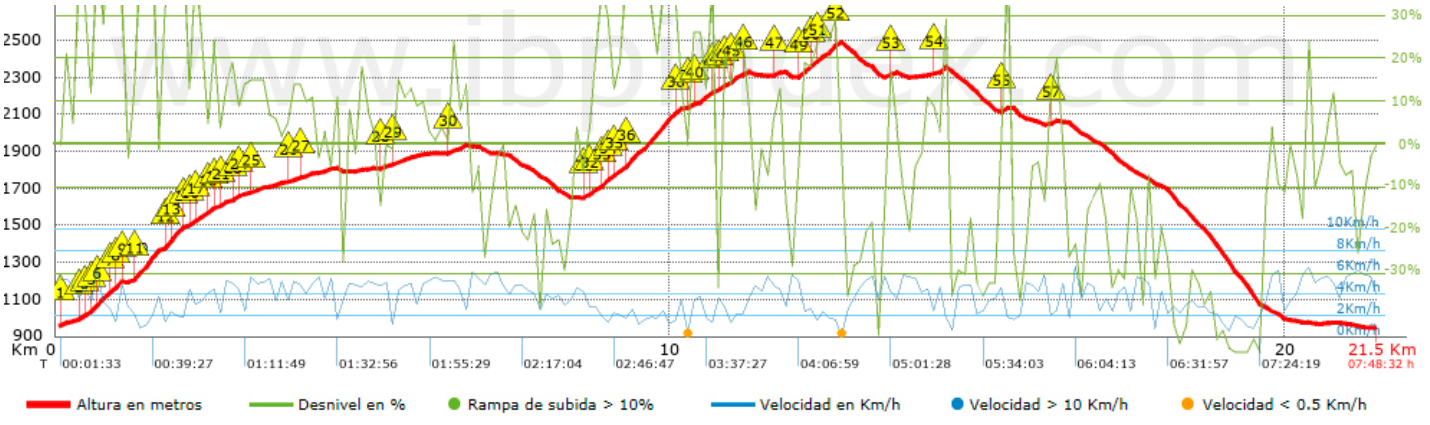
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.595	12.08	1.89	1:22:36
	Between 15 and 30%	3.28	15.27	2.61	1:15:30
	Between 10 and 15%	1.73	8.05	3.56	0:29:11
	Between 5 and 10%	1.681	7.83	3.4	0:29:41
	Between 1 and 5%	1.651	7.69	3.92	0:25:16
	Total :	10.937	50.92	2.71	4:02:14
	Plain				
	Difference of 1%	0.548	2.55	4.06	0:08:05
	Breakdown descents				
	Between 1 and 5%	1.485	6.91	3.88	0:22:58
	Between 5 and 10%	1.147	5.34	4.15	0:16:35
	Between 10 and 15%	1.053	4.9	4.36	0:14:30
	Between 15 and 30%	3.278	15.26	3.91	0:50:18
	Between 30% and 55%	3.029	14.1	2.39	1:15:58
	Total :	9.992	46.53	3.32	3:00:19
	Total track :	21.48	100 %	2.99	7:10:38

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
1	0.103	19 %	119 m
2	0.338	17 %	101 m
3	0.438	38 %	90 m
4	0.528	12 %	37 m
5	0.565	17 %	72 m
6	0.638	40 %	174 m
7	0.812	30 %	114 m
8	0.926	32 %	105 m
9	1.031	36 %	36 m
10	1.246	12 %	66 m
11	1.312	39 %	411 m
12	1.723	30 %	101 m
13	1.824	38 %	187 m
14	2.012	40 %	82 m
15	2.131	13 %	44 m
16	2.175	15 %	70 m
17	2.245	28 %	191 m
18	2.436	17 %	108 m
19	2.545	17 %	123 m
20	2.668	30 %	30 m
21	2.698	12 %	112 m
22	2.81	19 %	45 m
23	2.855	20 %	108 m
24	3.004	13 %	106 m
25	3.109	13 %	230 m
26	3.805	15 %	192 m

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27	3.996	11 %	101 m
28	5.26	11 %	105 m
29	5.483	13 %	259 m
30	6.386	13 %	222 m
31	8.551	13 %	150 m
32	8.701	29 %	187 m
33	8.888	31 %	67 m
34	8.956	20 %	154 m
35	9.109	22 %	112 m
36	9.221	37 %	830 m
37	10.052	31 %	38 m
38	10.09	32 %	41 m
39	10.32	21 %	30 m
40	10.35	23 %	302 m
41	10.652	15 %	138 m
42	10.789	24 %	38 m
43	10.828	18 %	108 m
44	10.936	19 %	74 m
45	11.01	24 %	112 m
46	11.121	20 %	109 m
47	11.667	12 %	129 m
48	12.054	17 %	29 m
49	12.083	31 %	150 m
50	12.233	22 %	139 m
51	12.373	30 %	262 m
52	12.635	37 %	71 m
53	13.529	16 %	112 m
54	14.283	18 %	148 m

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 55	15.357	23 %	98 m
 56	16.129	11 %	32 m
 57	16.16	19 %	96 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	4047.348	18.85	1:23:34	2.91	0:20:39	1:44:13	2.33
2000	2805	13.06	1:04:03	2.63	0:07:07	1:11:10	2.36
1750	6010.649	27.99	1:44:17	3.46		1:44:17	3.46
1500	3541.705	16.49	1:05:24	3.25	0:03:36	1:09:00	3.08
Total :	16.405 Km	76.39 %	5:17:18 h	3.1 Km/h	0:31:22 h	5:48:40 h	2.82 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
10.16	0:07:07	2131	3:23:24	3:23:24	10.16
12.741	0:17:15 > 10´	2491	4:31:17	1:07:53	2.581
14.467	0:03:24	2356	5:19:33	0:48:16	1.727
17.805	0:03:36	1748	6:23:20	1:03:47	3.338
19.041	0:03:39	1316	6:58:50	0:35:30	1.236
19.391	0:02:53	1156	7:16:24	0:17:34	0.35
Total :	0:37:54 h				

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